Varissa

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The name Clarissa means bright and clear. The central mandala shines like a sun at the centre of this square.

12" square Aran/worsted yarn 5mm hook. Approx. 155m/170yds.

10" square Double Knit yarn 4mm hook Approx. 136m/149yds.

UK terms used throughout

Abbreviations

St, sts	Stitch, stitches	Dc	Double crochet	Dtr	Double treble crochet
Ch	Chain	Htr	Half treble crochet	Вр	Back Post
SI-st	Slip stitch	Tr	Treble crochet	Fp	Front Post

[] Hints: Are typed in italics and coloured purple, they are to help and guide you and hopefully make life a little easier, especially for beginners.

* * Repeat instructions between asterisks the amount of times specified. This is normally a repeat for a complete side and will consist of multiple instructions.

() Repeat instructions between parentheses the amount of times specified.

This is a lower level repeat.

Special stitches

Popcorn: Make 5 tr in same st, remove hook from loop and insert from front to back of 1st tr and then into dropped loop and pull through. Ch 1 to close. This closing chain is not counted in any chains you are asked to make after the popcorn. To make a **beginning popcorn**, simply start with a standing tr or ch 3 as your 1st st.

Puff Stitch: Yo, insert hook in stitch or space yo and pull up a loop [*to height of adjacent sts*], 4 times (9 loops on hook), yo and pull through all 9 loops, and ch 1 to close. This closing chain is not counted as a stitch.

Double V stitch: (2 tr, ch 2, 2 tr) in same st/sp.

Video tutorials for most special stitches can be found on my YouTube channel https://www.youtube.com/channel/UCZfC7l_0gaZ6aoC6TD-4pXw/playlists

 Starting with a magic ring, ch 4 [*counts as tr plus ch-1*], (tr, ch 1) 5 times.
 Join to 3rd ch, fasten off, and secure ends.
 Stitch count: 6 tr, 6 ch-1 spaces.

2. Join with a beginning popcorn in any ch-1 space, (ch 3, skip next st, popcorn in next ch-1 space) 5 times, ch 3. Join to beginning popcorn, fasten off, and secure ends. Stitch count: 6 popcorns, 6 ch-3 spaces. 3. Join with a standing dc in any ch-3 space, (in next popcorn ((tr, ch-1) 4 times, tr), dc in next ch-3 space) 6 times, omit last dc. Join to standing dc, fasten off, and secure ends. Stitch count: 6 dc, 6 shells of 5 tr, 4 ch-1 spaces each.

4. Join with a standing **bptr** around last tr of any shell, (skip next dc, (**bptr** around next st, htr in next ch-1 space) 4 times, **bptr** around next st) 6 times, omit last bptr. Join to standing bptr with a sl-st. Stitch count: 6 shells of 5 bptr, 4 htr each.

5. Ch 3 [*counts as tr*],

(2 tr in next st, tr in next st, htr in next 5 sts, tr in next 2 sts) 6 times, omit last tr. Join to top of ch-3, fasten off, and secure ends. Stitch count: 30 htr, 30 tr.

6. Join with a standing **bptr** around any st, (**fptr** around next st, **bptr** around next st) 30 times, omit last bptr. Join to standing bptr with a sl-st. Stitch count: 30 fptr, 30 bptr.

7. Ch 3 [*counts as tr*], (tr, ch 2, 2 tr) in same st [*forming double V-st*], (skip next 2 sts, double V-st in next st) 19 times. Join to top of ch-3, fasten off, and secure ends. Stitch count: 20 double V-sts.

8. Join with a standing tr in any double V-st, 3 tr in same st,
(puff st between double V-sts, 4 tr in next double V-st) 20 times, omit last 4 tr.
Join to standing tr, fasten off, and secure ends.
Stitch count: 80 tr, 20 puff sts. *Hint: Your work will be wobbly.*

9. Join with a standing **fptr** around any puff st, (**bphtr** around next 4 sts, **fptr** around next puff st) 20 times, omit last fptr. Join to standing fptr with a sl-st. Stitch count: 20 fptr, 80 bptr.

10. Ch 1 and dc in same st, dc in next st,

*htr in next 2 sts, tr in next 4 sts, dtr in next 2 sts, 5 dtr in next st [*place marker in 3rd dtr*], dtr in next 2 sts, tr in next 4 sts, htr in next 2 sts, dc in next 8 sts. * Repeat from * to * 4 times, omit last 2 dc. Join to 1st dc with a sl-st. Stitch count: per side: 8 dc, 4 htr, 8 tr, 8 dtr, 1 corner dtr. 11. Ch 1 and dc in same st, dc in next 2 sts,

*htr in next 2 sts, tr in next 4 sts, dtr in next 3 sts, 3 dtr in corner dtr [*place marker in 2nd dtr*], dtr in next 3 sts, tr in next 4 sts, htr in next 2 sts, dc in next 10 sts. *

Repeat from * to * 4 times, omit last 3 dc.

Join to 1st dc, fasten off, and secure ends.

Stitch count: per side: 10 dc, 4 htr, 8 tr, 8 dtr, 1 corner dtr.

12. Join with a standing tr in any corner dtr, (tr, ch 2, 2 tr) in same st [*forming double V-st*],

*skip next 2 sts, (double V-st in next st, skip next 3 sts) 7 times, double V-st in corner dtr. *

Repeat from * to * 4 times, omit last corner double V-st.

Join to standing tr, fasten off, and secure ends.

Stitch count: per side: 7 double V-sts, 1 corner double V-st.

13. Join with a standing tr in any corner double V-st, (2 tr, ch 2, 3 tr) in same st,

*(puff st between double V-sts, 3 tr in next double V-st) 7 times, puff st between double V-sts, in corner double V-st (3 tr, ch 2, 3 tr). *

Repeat from * to * 4 times, omit last corner group.

Join to top of standing tr, fasten off, and secure ends.

Stitch count: per side: 27 tr, 8 puff sts, 1 ch-2 corner space.

14. Join with a standing **bphtr** around last st of any side,

*6 dc in ch-2 corner space, [place marker in 4th dc and leave in place to aid joining],

(**bphtr** around next 3 sts, fptr around next st) 8 times, bphtr around next 3 sts. * Repeat from * to * 4 times, omit last bphtr.

Join to standing bphtr, fasten off, and secure ends.

Stitch count: per side: 5 dc, 27 bphtr, 8 fptr, 1 corner dc.

Work away all remaining ends.

Gently block to achieve a perfect 10/12 inch square, and a polished look to your work.

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Love (Helen x